

Quarterly Performance Log

Main performance table with columns: WK#, DATE RANGE, LONG ONLY (TOTAL TRADES, # WINS & LOSSES, TOTAL PIPS, NET PIPS, RUNNING TOTAL), SHORT ONLY (TOTAL TRADES, # WINS & LOSSES, TOTAL PIPS, NET PIPS, RUNNING TOTAL), COMBINED QUARTER-TO-DATE (L+S TOTAL PIPS, L+S WEEKLY NET, RUNNING TOTAL).

Weekly performance and quarter-to-date summary tables. Includes 'PERFORMANCE BY WEEK' and 'QUARTER-TO-DATE' sections with detailed trade metrics like average pips and win/loss ratios.

PIP GOAL: _____

NET PIP G/L: _____

STARTING EQUITY: _____

ENDING EQUITY: _____

NET G/L: _____

% G/L: _____

Summary tables for 'PROGRAM-TO-DATE' and 'PERFORMANCE-TO-DATE RUNNING TOTALS' with columns for QTR, DATE RANGE, and cumulative trade statistics.

PROBABILITY OF RUIN* MATRIX. A table showing the percentage of winning trades (30-60) across different profit/loss ratios (1:1 to 4:1). * Ruin is defined as a 50% drawdown from starting equity.